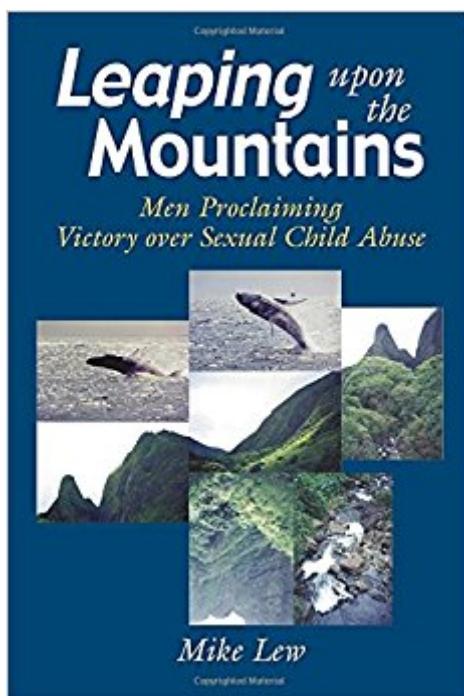


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# Leaping Upon The Mountains: Men Proclaiming Victory Over Sexual Child Abuse



## **Synopsis**

Presenting the first real investigation of what male sexual assault survivors themselves identify as most important during various stages of recovery, *Leaping upon the Mountains* contains powerfully moving contributions from hundreds of men of all ages and backgrounds throughout the United States and 45 other countries. It is not a work of fiction, but a compilation of many truths, many realities—“a quilt pieced together from men’s experiences”—forming an impressively triumphant pattern. Taken together, they state, lucidly and forcefully, that recovery work produces changes that are real, important, and permanent. *Leaping upon the Mountains* is a celebration of successful recovery. Readers of *Leaping upon the Mountains* will discover:

- Insights and resources for all stages of recovery
- Encouraging and inspiring messages from other male survivors
- A large updated resource section providing concrete help to survivors and professionals
- Ways of reconnecting with their own strength and creativity

## **Book Information**

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## **Customer Reviews**

“As therapists, survivors, allies, or simply caring humans, it is essential to contradict deconstructive ideas; we must search for messages that reflect the reality of human strength, caring, resilience, courage, creativity and love. I’m not suggesting denial; we cannot ignore grim realities of life. But there is far more human existence than unhappiness. The world is richly beautiful, infinitely diverse--and so are we.”

Mike Lew has done it again. His wisdom and insight into the issue of men’s sexual abuse is

monumental. He speaks out on a topic that almost no one else does today Thank you, Sir.

Never received book to my iPad.

As a counselor for survivors of sexual abuse, I found Leaping Upon The Mountains a great follow-up to Lew's groundbreaking book Victims No Longer. The clients who read it found the statements by other survivors most helpful in their own recovery.

Once again, Michael Lew has provided male sexual abuse victims a very valuable and supportive book. Unlike his first book, Victims No Longer, which became a classic in describing the trauma and healing from male childhood sexual abuse in adulthood, this book provides results of questions posed by the author to abuse survivors. The author simply asks survivors how they managed their difficult road(s) to recovery - what worked and why. Divided into 3 sections dealing with early, middle and late recovery, the survivors provide a creative and empowering list of strategies. The author, in his thoughtful, caring style, comments on and supports these strategies. The end of the book is terrific!: survivors offer words of wisdom and encouragement for those embarking on this difficult and painful journey. If you need a biblio-support group at your finger-tips, these men will not let you down! I personally believe the author's work has saved many lives and this book will save many more. Read it and recover!

As a survivor and psychotherapist who works with male survivors, I am both thrilled and grateful to Mike for providing us with such a wonderful resource. Leaping Upon the Mountains fills an important gap in that it is the first work I have seen that provides hope to survivors that a higher quality of life is possible. It also offers a general pathway for how to attain it. Mike rightly points out that it is not enough to describe the painful difficulties experienced by survivors; it is also essential to focus on how we deal with the pain. I am proud to be a contributor to Leaping Upon the Mountains and routinely refer my patients to this work. I highly recommend it to all male survivors and supporters.

This book is a "must" for male victims of childhood sexual abuse, and for those who are partners of males who were abused as children. Most the text is a compilation of information, stories, recovery techniques, insights, etc. garnered from adult males who were sexually abused as children. If you have read Mr. Lew's first Book, VICTIMS NO LONGER, you should read this one too. Recovery from the trauma of childhood sexual abuse can, and does happen, and LEAPING UPON THE

MOUNTAINS is full of encouraging messages to assist in the recovery process.

Leaping Upon The Mountains takes survivors to the next step in recovery, picking up where Victims No Longer left off. One of the best way survivors can learn is by hearing the stories of others, and their strategies for recovery. Leaping Upon The Mountains offers an incredible wealth of information and lessons for survivors to take into their daily lives.

Leaping Upon the Mountians, gave me many ways to look at how men who were abused as children see things. Being in a relationship with a survivor, is hard. Trying to see see things from their perspective is not always easy. This book helps me see how to look at it.

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